**PCOS Patient Support Groups in Europe**

**Country Support Group Web URL Information**

UK Verity [www.verity-pcos.org.uk](http://www.verity-pcos.org.uk/) Established in 1997. A UK charity for women

Organizes twice yearly conferences where delegates get the chance to hear from some of the UK's foremost leading PCOS experts. The group also publishes a range of information booklets and *In Touch*, a twice yearly newsletter full of the latest information and research on the condition. Additionally, Verity provides a discussion board, where women with PCOS can give and receive peer support. Helen Mason interacts with Verity.

PCOS UK <http://www.pcos-uk.org.uk/> The company was established by [**Verity**](http://www.verity-pcos.org.uk/),

the national charity for patients in 2006 to

improve the awareness of PCOS and related conditions amongst healthcare professionals in the UK. Helen Mason is a member.

Spain Asociación Española de Síndrome de Ovario Poliquístico

[http://www.aesopspain.org](http://www.aesopspain.org/) An independent patients' advocacy group. Hector Escobar-Morreale interacts with the group.

Italy PCOS Italia <http://www.pcos-italy.org/pcos-italia-sindrome-ovaio-policistico.html>

Website managed by two physicians (nutritionist and psychologist). Stefano Palomba can interact with this group.

**Country Support Group Web URL Information**

Denmark PCO foreningen <http://www.pcoinfo.dk/> A relatively active society. Lisa

Stener-Victorin is a contact.

Sweden -- in abeyance -- Inactive. Lisa Stener-Victorin is a contact.

Norway Helsenorge.no <https://helsenorge.no/sykdom/hormoner/polycystisk-ovariesyndrom>

Just a webpage. Lisa Stener-Victorin is a contact.

Ireland PCOS Ireland [http://www.pcosireland.com](http://www.pcosireland.com/) Just a webpage. No contact.

Netherlands Recently founded Joop Laven is a contact.

patient-led group